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**Oshu City Newsletter**

**Foreign Mothers Meetup**

This group is for foreign mothers (including pregnant women) living in Oshu.

When？　Dec. 26th (Tues) 10 AM – 11:45 AM

Where？　Central Child-rearing Support Center (Izumi Nursery School)

　☎　　 Mizusawa Health Center (℡ 23-4511)

**December 2017**

**Sunday/Holiday Doctors**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mizusawa Ward** | | | | | | | | |
| Day | | |  | | | ☎ | | Address |
| Open Sundays, holidays 8:30 am - 4:00 pm. Open nights every day 6:30 pm - 9:00 pm. | | | Oshu Kanegasaki Holidays Clinic | | | 25-3935 | | 21-1 Taga Mizusawa |
| **Esashi Ward (Mornings, check times in advance by phone)** | | | | | | | | |
| Day | |  | | | ☎ | | Address | |
| Dec. 3rd | | Ito Internal Med. Clinic | | | 35-4006 | | 3-12 Kawaramachi | |
| 10th | | Oinao Ob-Gyn Clinic | | | 34-3033 | | 11 Iwayado Aza Kozakai | |
| 17th | | Takita Clinic | | | 35-2315 | | 1-9 Muikamachi | |
| 23rd | | Tamazawa Rehab Orthop. Clinic | | | 35-8801 | | 71-1 Nihongi Iwayado | |
| 24th | | Hirata Surgery, Internal Med. Clinic | | | 31-1331 | | 401-6 Kannondoki, Odaki | |
| 31st | | Kashiwaki Clinic | | | 35-2433 | | 5-7 Muikamachi | |
| **Dentists (9:00 – 12:00)** | | | | | | | | |
| Day |  | | | ☎ | | Address | | |
| Dec. 3rd | Takano Dental Clinic | | | 23-2488 | | 37-7 Aza Yachimyoen, Mizusawa | | |
| 10th | Abe Dental Clinic | | | 44-3918 | | 25-1 Nishine Aramaki Kanegasaki Town | | |
| 17th | Hyakuseikai Chiba Dental Clinic | | | 51-1300 | | 420 Aza Sakurayashiki, Mizusawa | | |
| 24th | Aruizumi Dental Clinic | | | 42-3006 | | 60-2 Machiura Nishine Kanegasaki Town | | |
| 31st | Hitaka Dental Clinic | | | 22-5330 | | 22-15 Aza Kyuden, Mizusawa | | |
| ★Children Emergency Helpline (☎ 019-605-9000) Open daily 7 PM-11 PM | | | | | | | | |

**Assistance for Children Going to School**

Oshu city can provide money for some of the costs of sending children to elementary or middle school for guardians who have trouble paying for these costs. Please ask the contact below for information on requirements.

Assistance provided for: educational supplies, supplies for entering a school, for school trips, for school lunches, for activities outside school, PTA membership fees, club activity costs (middle school only) .

How to apply: Receive materials from your child’s school, and submit application to that school. You can apply mid-year.

　☎　 Board of Education, Schools and Education Department, Educational Affairs Representative（Esashi Branch, Tel. 35-2111 ext. 426）

**Taxes**

Prefectural/municipal tax (payment #4)and national health insurance (payment #6) are due by Thursday, January 4th

　☎　 Tax Payment Division, Main City Hall (℡ 24-2111 ext. 341)

**Free Law Consultation** Make appointment at Citizen Services Division. If you want to consult in a foreign language, please bring someone who can interpret for you. The lawyer can’t answer questions about status of residence (visas), but can about marriage, other issues.

|  |  |
| --- | --- |
| Place | Time & Date |
| Main City Hall, Gen. Consultation Room | Dec. 13th (Wed) 10:00 AM to 4:00 PM |
| Esashi Gen. Branch Office, Resident Consultation Room | Dec. 26th (Tues) 10:00 AM to 4:00 PM |

Produced/translated by Oshu City ILC Promotion Division

**Make and Eat New Year Soba (Toshikoshi Soba)**

No need to apply in advance!

When？ December 30th (Sat), 31st (Sun) from 10 AM – 3 PM

Where？ Esashi Native District Cultural Museum

Cost 800 yen

　☎　 Esashi Native District Cultural Museum (31-1600)

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**Sports**

**Dec. 17th is Z Arena Training Room Festival**

Z Arena’s training room is free to use on Dec. 17th, and classes suitable for first-timers will also be held on the same day.

◆**Badminton for Beginners**

When？ 2 PM – 3 PM　# Participants 20 people

※Rackets available to use for free.

**◆Night Pilates**

When？ 7 PM to 8 PM　# Participants 30 people

※Please bring a yoga mat.

☎(Inquiries, Applications)

Oshu Central Gymnasium (Z Arena) (22-7000)

**Applications for the Second Iwate Oshu Kirameki Marathon Open on Dec. 20th**

Marathon Day May 20th (Sun)

Venue Maesawa Iki Iki Sports Land

|  |  |  |  |
| --- | --- | --- | --- |
|  | Full Marathon | 10 km | 2 km |
| # participants | 3,000 people | 1,000 people | 1,000  people |
| Cost | 7,000 yen | 3,000 yen | 2,000 yen |

Applications period starts on Dec. 20th (Wednesday). More details on how to apply will be announced soon.

☎(Inquiries)

Iwate Oshu Kirameki Marathon Executive Committee Office,

Esashi Gen. Branch Office (35-2111 ext. 334)

**Notices**

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**Some Roads near Isawa Dam Closed for Winter**

Some city roads surrounding Isawa Dam have closed for winter, and Oshu Lake viewing area, Ishibuchi point, Orose point are also closed.

The closures are in effect until late April, 2018, though the roads may open later or earlier depending on snowmelt.

　☎　 Main City Hall Maintenance Division (24-2111 ext. 512)

**Minimum Wage is now 738 Yen**

The minimum wage in Iwate, including part time jobs, has changed to 738 yen per hour.

　☎　 Iwate Labor Bureau, Labor Standards Department, Wage Office (019-604-3008)

**Events**

**Maesawa Fureai Center 1 Coin Cinema**

Showing of Satoshi: A Move for Tomorrow (Japanese)

When？ December 17th (Sun) ① From 10 AM　② From 2 PM　※Venue opens 30 minutes before showing

Where？ Maesawa Fureai Center

Cost 500 yen in advance, 700 yen the day of

　☎　 Maesawa Fureai Center (56-7100)

**Oshu Ski Areas Open**

Koeji, Himekayu and Kunimi Ski Areas will open on the same day. After the ceremony, use ski lifts for free on opening day.

When？ December 23rd (Sat)

　☎　 Esashi:　 Koeji Ski Area (39-2105)

　　　 Isawa:　 Himekayu Ski Area (49-2105)

　　　 Koromogawa: Kunimi Ski Area (52-6411)

**Esashi Folk Entertainment Festival 2017**

Folk entertainment including shishi-odori and kagura dances, Fujisato Elem. School kagura performance.

Your children can try on traditional costumes!

When？ Dec. 10th (Sun) 10 AM – 2 PM

Where？ Esashi Central Community Center

　☎　 Oshu City Board of Education, Heritage and History Dept. Esashi Branch Office (35-2111 ext. 442)